

# Maine Transportation Directory

*A guide for using Maine's roads and highways without a car.*

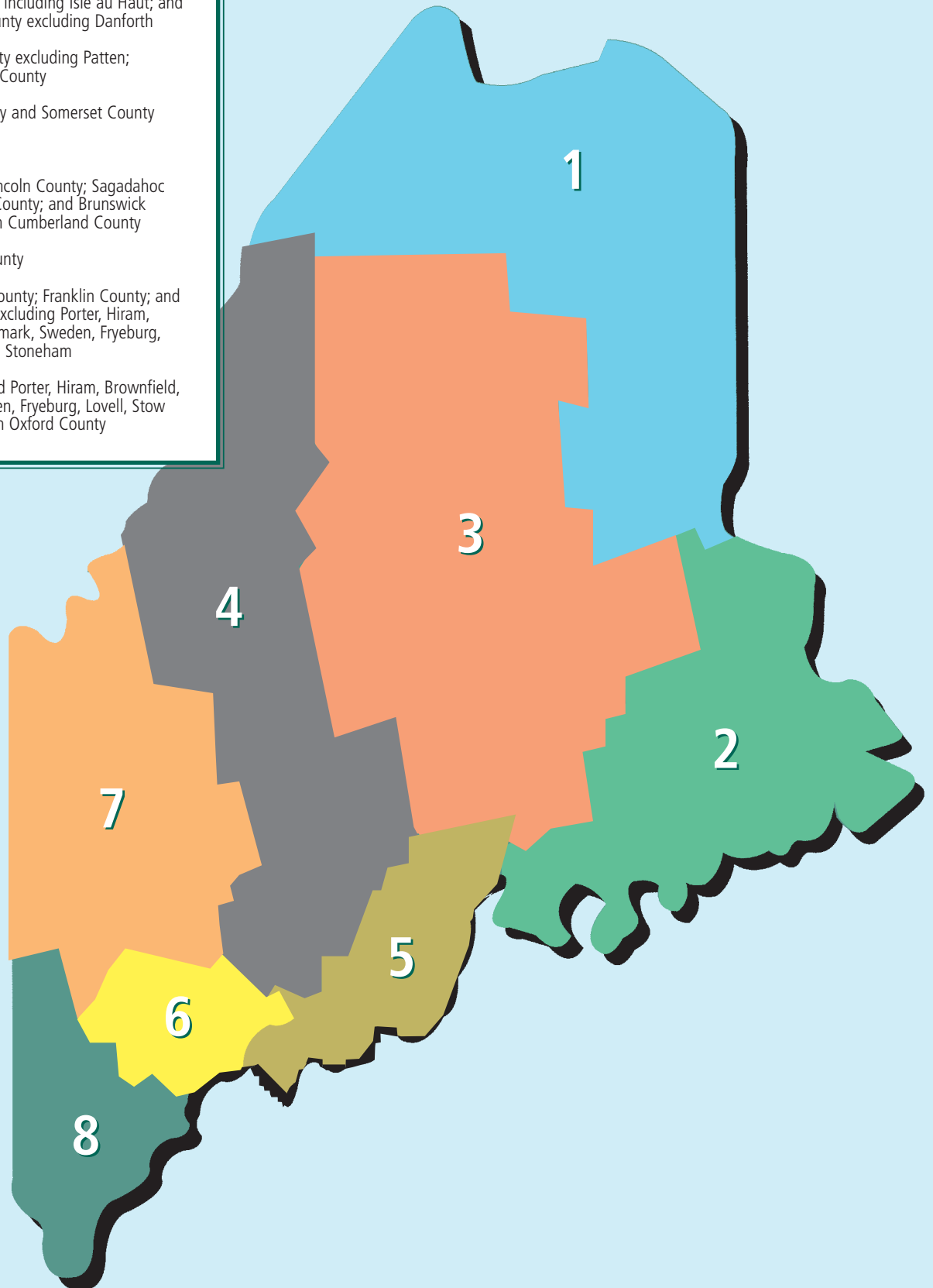


*Serving the transportation needs of Maine's people from Kittery to Fort Kent*



# Maine Transit Regions

- |                 |   |
|-----------------|---|
| <b>Region 1</b> | Aroostook County; Danforth in Washington County; and Patten in Penobscot County   |
| <b>Region 2</b> | Hancock County including Isle au Haut; and Washington County excluding Danforth   |
| <b>Region 3</b> | Penobscot County excluding Patten; and Piscataquis County   |
| <b>Region 4</b> | Kennebec County and Somerset County   |
| <b>Region 5</b> | Knox County; Lincoln County; Sagadahoc County; Waldo County; and Brunswick and Harpswell in Cumberland County                                     |
| <b>Region 6</b> | Cumberland County   |
| <b>Region 7</b> | Androscoggin County; Franklin County; and Oxford County excluding Porter, Hiram, Brownfield, Denmark, Sweden, Fryeburg, Lovell, Stow and Stoneham |
| <b>Region 8</b> | York County; and Porter, Hiram, Brownfield, Denmark, Sweden, Fryeburg, Lovell, Stow and Stoneham in Oxford County                                 |



# General Information on Maine's Transportation Services

## Regularly Scheduled Local Bus Service

Sixteen fixed-route transit systems provide regularly scheduled bus service in Maine. The state's larger cities offer frequent service on a variety of routes, serving local commuters, shoppers, senior citizens, persons with disabilities and others.

Portland's METRO is the largest system in the state, with 21 buses, 7 routes and 1.4 million annual riders. The BAT in Bangor is the second largest, with 15 buses, 10 routes and over a half million riders a year. citylink in Lewiston-Auburn operates 8 buses on 9 routes and carries 180,000 annual riders.

Smaller systems in Augusta, Waterville, Paris, Belfast, Rockland, Bath, South Portland, Sanford, Biddeford, Saco, Old Orchard Beach and Ellsworth operate 5 days a week, helping area residents get around town without the use of a private car.

In rural areas of western and eastern Maine, some routes receive regularly scheduled service once or twice a week.

Two Indian Reservations in Washington County provide area residents with local bus service.

## Subscription Commuter, Park & Ride and Ride Share Programs

Many Maine workers travel considerable distances to work each day without the worry and expense of driving a car. They are benefiting from a growing network of vanpool and commuter bus services available to workers in the state on a low-cost subscription basis.

In most cases, commuters sign up for one month or longer, and pay a set fee regardless of the number of times they actually ride.

The ZOOM Turnpike Express provides weekday commuter service from Biddeford-Saco to Portland. The service is sponsored by the Maine Turnpike Authority and the Maine Department of Transportation.

Go Maine, a statewide rideshare program sponsored by the Maine Department of Transportation and the Maine Turnpike Authority, manages a

fleet of 9 vans transporting state workers and others to and from Augusta each day. MDOT also maintains a series of Park 'n Ride lots that allow commuters to meet and travel to work in one car. Statewide Rideshare information is available at [www.gomaine.org](http://www.gomaine.org).

Commuter bus service to Bath Iron Works is provided daily by RTP, Coastal Trans and Hudson Bus Lines. In addition, Bath Iron Works sponsors five Park 'n Ride buses transporting over 1,400 workers each day. Private bus service is provided to employees of the Kittery Naval Shipyard.

## Regional Public Providers

Maine leads the nation in its approach to social service transportation. Instead of having individual programs provide their own transportation services, social service agencies in Maine can purchase rides for their clients from one of nine regional transportation providers in the state.

This "coordinated" approach frees social service agencies from having to worry about bus drivers and vehicle repairs, allowing them to concentrate on what they know best. And it means that costly buses and vans can be shared by a variety of programs.

In many cases, the same bus can be used to take Sheltered Workshop clients to work, preschool children to Headstart, MaineCare clients to the doctor, and senior citizens to their midday lunch program.

Regional providers offer "door-to-door" services. Most require a one-day or two-day advance reservation. In addition to client services, most programs also offer transportation that is available for anyone who needs a ride.

## Volunteer Driver Programs

Volunteers play an important role in meeting health care needs in a rural state like Maine. High quality medical facilities will not help if the people who need the services are stuck at home with no way to get to the doctor.

Because of the rural nature of the state, it is not possible to schedule a bus or van for every appointment.

This is especially true for isolated individuals who must travel long distances to receive special treatments at regional medical centers.

Volunteer driver programs allow concerned individuals to help their neighbors by offering rides in their private cars. Drivers are trained and certified by the sponsoring agency, and are reimbursed for costs based on the miles they travel.

Rides are arranged in advance. Usually a one or two-day advance reservation is required. This service is offered for medical trips to MaineCare clients who are unable to use regular public buses, or where other bus and van service is not available.

## Sheltered Workshop Transportation

Employment programs for persons with developmental disabilities are located throughout the state of Maine. These not-for-profit programs offer a wide array of training opportunities for Maine residents who are developmentally disabled.

These programs help participants develop the skills they need to live more independently in the community. For some, this can mean preparation for employment in a private business. For others, it can mean continued work in a setting that offers a higher level of service and support. For others, it means help with developing basic daily living skills.

Developmentally disabled adults depend on bus transportation to get to and from work each day. The state's regional transportation systems operate a combined fleet of over 160 buses and vans to provide these individuals with the services they need.

Funding for Sheltered Workshop transportation is provided by the Department of Health and Human Services and the state's MaineCare program.

## Transportation for Senior Citizen Lunch Programs

The midday meal is often the prime social hour for senior citizens in Maine. Nutritious hot dinners are

served year round at community centers throughout the state. These programs give elderly Maine residents a chance to get out into the community for good food and companionship.

Some senior centers offer card games and other social activities in addition to lunch.

Door-to-door bus and van service is available for most senior citizen lunch programs. In many cases, senior citizens can combine stops at the grocery store with their ride home from lunch.

An elderly bus rider in Ellsworth said: "My husband always did all the driving. After he passed away, I was left with no means of transportation. When they started the bus service, it was such a blessing to me. I was really stuck and depressed. The bus rescued me."

Senior citizen lunch programs in Maine are sponsored by the Aroostook, Southern Maine, Eastern, and Western Maine Area Agencies on Aging, and by the Senior Spectrum.

## Intercity Bus and Ferry Services

Intercity buses and ferries provide Maine with important local, national, and international transportation links.

Concord Trailways, Vermont Transit, and SMT offer fast bus service to New Hampshire, Massachusetts, and Eastern Canada. Cyr Bus Lines offers daily service between Bangor and Aroostook County. West's Transportation connects Bangor and Calais. And the Shuttle Bus provides service between Biddeford and Portland.

Private and public ferry services continue to provide a vital link for Maine's many island communities. International ferries provide service to Canada from ports in Bar Harbor, Eastport, and Portland.

Amtrak passenger train service between Boston and Portland began in December 2001 providing Maine with access to Amtrak's nationwide rail passenger network for the first time. Service is planned to extend to Brunswick and Auburn-Lewiston in the future. Station stops in Maine include Portland, Old Orchard Beach (seasonal), Saco, and Wells.



## Region 1

Aroostook County; Danforth in Washington County; and Patten in Penobscot County

### **Aroostook Regional Transportation System, Inc. (ARTS)**

A private, non-profit agency that provides demand response or “door-to-door” transportation services on a scheduled basis. ARTS serves Aroostook County, Danforth in Washington County and Patten in Penobscot County. Transportation is available Monday through Friday.

#### **DEMAND RESPONSE SERVICE**

**764-3384 – Presque Isle**

**Service Area: Aroostook County; Danforth, Washington County; and Patten, Penobscot County**



## Region 2

Hancock County including Isle au Haut; and Washington County excluding Danforth

### **Downeast Transportation, Inc. (DTI)**

A private, non-profit agency that operates deviated fixed route public bus service in Hancock County. Areas served by fixed route bus include Ellsworth, all of Mount Desert Island, the Blue Hill peninsula including Brooklin, Sedgwick, Deer Isle and Stonington, the northern Hancock County town of Otis, the coastal towns of Hancock, Sullivan, Gouldsboro and Winter Harbor in eastern Hancock County, and the Town of Bucksport in western Hancock County. DTI provides five day per week commuter service to the Jackson Lab in Bar Harbor, contract service to Mount Desert Island Sheltered Workshop, and one day per week midday service between Bar Harbor, Ellsworth and Bangor.

#### **FIXED ROUTE AND COMMUTER SERVICES**

**667-5796 – Ellsworth**

**288-4573 – Bar Harbor (seasonal)**

**Service Area: Hancock County**

### **The Island Explorer**

Operated by Downeast Transportation, Inc., is a seasonal fixed route public bus service. The Island Explorer operates seven days per week between Trenton, Mount Desert Island and Acadia National Park as well as Schoodic Peninsula.

#### **FIXED ROUTE SERVICE (SEASONAL)**

**[www.exploreacadia.com](http://www.exploreacadia.com)**

**Service Area: Mount Desert Island and Acadia National Park**





## Region 3

Penobscot County excluding Patten;  
and Piscataquis County

Region 3 continued on next page.

### **Washington Hancock Community Agency (WHCA)**

A private, non-profit agency that provides demand response or “door-to-door” transportation services in Hancock and Washington Counties, including Isle au Haut and excluding Danforth for special services for the elderly, MaineCare recipients, social service clients by agency contract and other provider transportation on an individual basis. WHCA provides transportation in agency vehicles, with volunteer drivers, or through reimbursement to family and friend drivers for MaineCare covered appointments. WHCA also provides ride share services and information on other available transportation for both counties through its JobLink program.

Washington Hancock Community Agency – (WHCA)

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#### **DEMAND RESPONSE SERVICE**

**664-0012 – Ellsworth**

**546-7547 – Milbridge**

**546-7607 TTY**

**[www.whcacap.org](http://www.whcacap.org)**

**Service Area: Washington and Hancock Counties, including Isle au Haut and excluding Danforth**

### **Maine State Ferry Service**

Operated by the Maine Department of Transportation, providing fixed route ferry service from Bass Harbor to Swans Island and Frenchboro. The Ferry Service operates year round.

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#### **FERRY SERVICE**

**596-2202 – Rockland**

**244-3254 – Bass Harbor**

**Service Area: Bass Harbor serving Swans Island and Frenchboro**

### **West’s Transportation, Inc.**

A private, for profit enterprise that provides fixed route and demand response public transportation service to the communities within Washington County and eastern portions of Hancock County. West’s provides intercity service between Calais and the City of Bangor, and demand response services to MaineCare recipients. West’s operates a seasonal route for the Winter Harbor area.

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#### **DEMAND RESPONSE, FIXED ROUTE AND INTER CITY SERVICES**

**546-2823**

**1-800-596-2823**

**[www.westbusservice.com](http://www.westbusservice.com)**

**Service Area: Washington County and Eastern Hancock, (intercity Calais to Bangor)**

### **BAT Community Connector**

Owned and operated by the City of Bangor, is a public fixed route bus service that serves Bangor, Brewer, Veazie, Orono, Old Town, Hampden and the University of Maine. BAT operates Monday through Saturday.

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#### **FIXED ROUTE SERVICE**

**992-4670**

**[www.bangormaine.gov](http://www.bangormaine.gov)**

**Service Area: Greater Bangor Urbanized Area - Bangor, Brewer, Veazie, Orono, Old Town, Hampden, and the University of Maine**

Region 3 continued from previous page.



## Region 4

Kennebec County and Somerset County

### The LYNX

Operated by Penquis CAP, a non-profit corporation that provides demand response transportation services in Penobscot and Piscataquis Counties. All transportation is by appointment and is provided through the use of agency vans and buses, volunteers, or direct family reimbursement for MaineCare covered services. The LYNX provide transportation for the general public, special services for the elderly, MaineCare recipients, social service clients by agency contract, and ADA complementary paratransit for Bangor's BAT.

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#### DEMAND RESPONSE SERVICE

**973-3695**

**1-866-853-5969**

**973-3520 TTY**

**[www.penquiscap.org](http://www.penquiscap.org)**

**Service Area: Penobscot (excluding Patten) and Piscataquis Counties**

### Kennebec Valley Community Action Program (KVCAP)

A private, non-profit agency that provides public fixed route bus service and demand response transportation in Kennebec and Somerset Counties. KVCAP operates public fixed route bus service, **KV Transit Service**, in the greater Waterville and Augusta areas. **KV Van Service** provides demand response service through the use of agency vans. In addition, volunteer drivers provide demand response service to passengers who are eligible under specific social service organizational guidelines. KVCAP's Friend and Family program will reimburse mileage to a family member or a friend using their personal car for MaineCare eligible appointments.

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#### DEMAND RESPONSE AND FIXED ROUTE SERVICES

**1-800-542-8227**

**[www.kvcap.org](http://www.kvcap.org)**

**Service Area: Kennebec and Somerset Counties**



## Region 5

Knox County; Lincoln County; Sagadahoc County; Waldo County; and Brunswick and Harpswell in Cumberland County

### CityBus

Operated by the City of Bath, provides public fixed route bus service in the City of Bath. CityBus operates Monday through Friday.

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#### FIXED ROUTE SERVICE

**443-8330 – City Manager**

**443-8363 – Planning Director**

**443-8332 TTY**

**Service Area: Bath**

### Coastal Trans, Inc.

A private, non-profit corporation providing demand response public transportation to Knox, Lincoln, and Sagadahoc Counties, as well as the towns of Brunswick and Harpswell in Cumberland County. Daily service is available in the Bath-Brunswick area, the Rockland area and the Damariscotta area, with weekly service available to the other communities in Coastal Trans' service area. Coastal Trans provides transportation services to MaineCare eligible appointments. Coastal Trans operates a commuter service from Gardiner to Bath Iron Works, Bath.

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#### DEMAND RESPONSE SERVICE

**443-6207 – Bath**

**1-800-444-6207 – outside calling area**

**596-6605 – Rockland**

**1-800-289-6605 – outside calling area**

**1-800-545-1833 TTY**

**Service Area: Knox, Lincoln and Sagadahoc Counties, and the City of Brunswick and Town of Harpswell**



## Region 6

Cumberland County

### Maine State Ferry Service

Operated by the Maine Department of Transportation, providing fixed route ferry service from Rockland to Vinalhaven, North Haven and Matinicus Island, and from Lincolnville to Islesboro. The Ferry Service operates year round.

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#### FERRY SERVICE

**596-2202 – Rockland**

**789-5611 – Lincolnville**

**Service Area: Rockland serving Vinalhaven, North Haven, and Matinicus Island; Lincolnville serving Islesboro**

### Waldo Community Action Planners

A private, non-profit corporation that provides public transportation on a demand response basis in Waldo County. The majority of services are oriented to Belfast, however, regularly scheduled trips are made to Bangor, Rockland, Augusta, and Waterville.

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#### DEMAND RESPONSE SERVICE

**338-4769**

**1-800-439-7865**

**546-7607 TTY**

**www.wccsa.org**

**Service Area: Waldo County**

### Casco Bay Lines

Owned and operated by the Casco Bay Island Transit District, provides public fixed route ferry service from Portland to six islands in Casco Bay – Peaks Island, Little Diamond Island, Great Diamond Island, Long Island, Chebeague Island and Cliff Island. Casco Bay Lines operates seven days a week, 365 days a year.

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#### FIXED ROUTE FERRY SERVICE

**774-7871**

**www.cascobaylines.com**

**Service Area: Portland to Casco Bay, Cumberland**



Region 6 continued from previous page.

**Freeport Transit, Inc.**

A private, for-profit corporation that provides public transportation services in Cumberland County. Freeport Transit provides door-to-door services utilizing agency vans for MaineCare eligible appointments. Freeport Transit operates Monday through Friday.

**DEMAND RESPONSE SERVICE**

**865-9400**

**Service area: Cumberland County**

**METRO**

Owned and operated by the Greater Portland Transit District, provides public fixed route transportation in Portland, Westbrook, Falmouth Crossing and the Maine Mall area of South Portland. METRO operates seven days a week.

**FIXED ROUTE SERVICE**

**774-0351**

**www.transportme.org**

**Service Area: Portland, Westbrook, Falmouth Crossing and the Maine Mall area of South Portland**

**Portland Explorer**

Operated by VIP Charter Coach and administered by the Greater Portland Council of Governments, provides seasonal public fixed route express bus service between Portland's transportation terminals, three area hotels, the Maine Mall, and the Old Port. The service operates seven days a week, May to October and most holidays.

**SHUTTLE SERVICE**

**772-4457**

**www.transportme.org**

**www.gpcog.org**

**Service Area: Old Port, Portland Transportation Center (Amtrak and Concord Trailways), Casco Bay Lines, Portland Jetport, the Maine Mall and four area hotels**

**Regional Transportation Program (RTP)**

A private, non-profit corporation that provides public transportation services in Cumberland County. RTP provides door-to-door service utilizing agency buses and vans, volunteer drivers, the family and friends reimbursement program for MaineCare eligible appointments, and manages the MaineCare Bus Pass program for the Greater Portland area. RTP operates a commuter service from Portland and Westbrook to BIW in Bath. RTP also provides the ADA complementary para-transit service for METRO and South Portland Bus Service.

**COMMUTER AND DEMAND RESPONSE SERVICE**

**774-2666**

**1-800-244-0704**

**www.rtprides.org**

**Service Area: Cumberland County and Bath, Sagadahoc County (Commuter to Bath)**





## Region 7

Androscoggin County; Franklin County; and Oxford County excluding Porter, Hiram, Brownfield, Denmark, Sweden, Fryeburg, Lovell, Stow and Stoneham

Region 7 continued on next page.

### South Portland Bus Service

Owned and operated by the City of South Portland, provides public fixed route transit service in South Portland, the Maine Mall area and downtown Portland. South Portland Bus Service operates Monday through Saturday.

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#### FIXED ROUTE SERVICE

**767-5556**

**[www.southportland.org/bus](http://www.southportland.org/bus)**

**Service Area: South Portland, Maine Mall Area and Downtown Portland**

### Community Concepts, Inc. (CCI)

A private, non-profit corporation that provides alternative door-to-door specialized transportation on a demand response basis in Androscoggin, Franklin and Oxford Counties. Community Concepts provides transportation services through a community-based volunteer drivers network, as well as, agency van service in the cities of Lewiston-Auburn and Rumford. CCI also provides contractual transportation services, and the family and friends reimbursement program under the guidelines of MaineCare.

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#### DEMAND RESPONSE SERVICE

**795-6073 – Auburn**

**364-3685 – Rumford**

**779-0594 – Farmington**

**743-6905 – South Paris**

**1-877-603-0594**

**Service Area: Androscoggin, Franklin and Oxford Counties**

### citylink

Owned by the Lewiston-Auburn Transit Committee (LATC), provides public fixed route bus service in the Lewiston-Auburn area. LATC contracts with Western Maine Transportation Services, Inc., to operate and maintain the fixed route bus system, as well as, provide ADA complementary paratransit service. citylink operates Monday through Friday.

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#### FIXED ROUTE SERVICE

**777-4563**

**Service Area: Lewiston and Auburn**



### Western Maine Transportation Services, Inc. (WMTS)

A private, non-profit corporation that provides public transportation in Androscoggin, Franklin and Oxford Counties. WMTS provides public bus service on a demand response basis, as well as, door-to-door service utilizing agency buses and vans, volunteer drivers, and the family and friends reimbursement program for MaineCare eligible appointments. WMTS provides contractual transportation serv-

Region 7 continued from previous page.



## Region 8

York County; and Porter, Hiram, Brownfield, Denmark, Sweden, Fryeburg, Lovell, Stow and Stoneham in Oxford County

ices for fixed route bus in Lewiston-Auburn, seasonal fixed route bus in the Bethel-Newry area – **Mountain Explorer**; and a commuter service from Lisbon to Lewiston – **Lisbon Connection**.

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### COMMUTER DEMAND RESPONSE AND FIXED ROUTE SERVICES

**784-9335**

**1-800-393-9335**

**Service Area: Androscoggin, Franklin and Oxford Counties**

### ShuttleBus and Zoom Turnpike Express

The Biddeford, Saco, Old Orchard Beach Transit Committee, known as the ShuttleBus, operates public fixed route transportation in York and Cumberland Counties. Services include **ShuttleBus Tri-town Service** – daily fixed route transit between Biddeford, Saco and Old Orchard Beach; **ZOOM Turnpike Express** - weekday commuter service between Biddeford Exit 4 Park and Ride and Saco Exit 5 Park and Ride to downtown Portland and the University of Southern Maine; **ShuttleBus Intercity Service** – daily service from Biddeford, Saco and Old Orchard Beach to Scarborough, the Maine Mall and downtown Portland; and the **Old Orchard Beach Trolley Service** – daily seasonal service between participating campgrounds and restaurants in Old Orchard Beach and Pine Point.

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### Shuttlebus – (Biddeford, Saco, Old Orchard Beach Transit Committee)

#### FIXED ROUTE SERVICE

**282-5408**

**1-877-843-0666 – outside calling area**

**www.shuttlebus-zoom.com**

**Service Area: York County**

#### ZOOM

#### COMMUTER SERVICE

**Service Area: Biddeford and Saco Park and Rides to Downtown Portland and USM**

#### Tri-Town Shuttle

#### FIXED ROUTE SERVICE

**Service Area: Biddeford, Saco, Old Orchard Beach**

#### INTERCITY SERVICE

**Service Area: Biddeford, Saco, Old Orchard Beach to Scarborough, Maine Mall and Portland**

#### Old Orchard Beach Trolley

#### TROLLEY SERVICE SEASONAL

**Service Area: Campgrounds and Pine Point to Train Station and Square**

### York County Community Action Corporation (YCCAC)

A non-profit corporation providing public transportation service in York County and a portion of Oxford County (Porter, Hiram, Brownfield, Denmark, Sweden, Fryeburg, Lovell, Stow and Stoneham), under contract with Western Maine Transportation Services, Inc. YCCAC operates **My Bus**, fixed route deviation weekday bus service between Springvale and Sanford; and the **WAVE**, daily van service to training and job sites, and day care facilities in the area including Sanford and parts of Alfred and Wells. YCCAC provides public bus service on a demand response basis, as well as, door-to-door service utilizing agency buses and vans, volunteer drivers, and the family and friends reimbursement program for MaineCare eligible appointments.

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### DEMAND RESPONSE AND FIXED ROUTE DEVIATION SERVICES

**324-5762**

Region 8 continued from previous page.

**1-800-965-5762 (within York County)**  
**490-1078 TTY**  
**www.yccac.org**  
**www.yorkwave.org**  
**Service Area: York County**

**WAVE**  
**COMMUTER SERVICE**  
**Service Area: Sanford – Wells Corridor, York County**

## Bring Your Bike!



### LAND TRANSIT PROVIDERS WITH BICYCLE ACCOMMODATIONS

#### Intercity/International

Concord Trailways: Boxed bicycles count as luggage; unboxed bikes if room. FREE  
Vermont Transit: Boxed bicycles count as luggage; no unboxed bikes. FREE  
Acadian Lines: Boxed bicycles count as luggage; no unboxed bikes. FREE  
Downeast: Bicycles permitted in passenger cabin if there is room. FREE  
Cyr: Bicycles permitted. Front wheel off and secured to bike. FREE  
Amtrak: Bicycles are stored on bicycle car. \$5.00  
West's Transportation: Bicycles permitted if there is room. \$5.00

#### Local/Regional

Island Explorer: Front rack and rear rack. Each bus fits four bikes. FREE  
BAT Community Connector: Front rack. Each bus fits two bikes. FREE  
South Portland Bus Service: Front rack. Each bus fits two bikes. FREE  
Tri-Town ShuttleBus: Front rack. Each bus fits two bikes. FREE  
METRO: Front rack. Each bus fits two bikes. FREE  
Intercity: Front rack. Each bus fits two bikes. FREE  
citylink: Front rack. Each bus fits two bikes. FREE  
ZOOM: Front rack. Each bus fits two bikes. FREE

### SEA TRANSIT PROVIDERS WITH BICYCLE ACCOMMODATIONS

#### Intercity/International

Scotia Prince: Bicycles are stored with automobiles. \$20 to \$30 extra for round-trip  
CAT: Bicycles are stored with automobiles. \$20 extra for round trip  
Quoddy Loop: Bicycles can roll on with passenger. \$3.35 extra for round-trip

#### Local/Regional

Chebeague Transportation Company: Bicycles permitted with passengers. Discretionary  
Casco Bay Lines: Bicycles permitted as cargo. \$5.00 extra per adult round-trip  
Maine State Ferry Service –  
- Bass Harbor: Bicycles permitted as cargo. \$10 extra per adult round-trip  
- Lincolnville: Bicycles permitted as cargo. \$5.00 extra per adult round-trip  
- Rockland: Bicycles permitted as cargo. \$10 extra per adult round-trip\*  
\* Ferry from Rockland to Matinicus requires \$18.50 per bike per adult round-trip

# Telephone Directory

## Area Agency on Aging

Aroostook Area Agency on Aging.....	764-3396
Eastern Agency on Aging.....	941-2865
Senior Spectrum .....	582-8000
Southern Maine Area Agency on Aging .....	775-6503
Western Maine Area Agency on Aging .....	795-4010

## Commuter Subscription Services

Bath Iron Works .....	443-3311
BIW Bath Commuter Bus Service (RTP) .....	774-2666
Coastal Trans (Bath Iron Works).....	800-289-6605
Hudson Bus Lines .....	783-2033
Dineen Bus Lines (Kittery Naval Shipyard)	
Biddeford.....	439-4440
Downeast Transportation Inc. (Jackson Lab) .....	667-5796
GO Maine (RideShare/Vanpool Program) .....	800-280-RIDE
J & D Express (Kittery Naval Shipyard)	
Biddeford.....	283-4110
WAVE (YCCAC) .....	459-WAVE
West's Transportation (Milbridge).....	546-2823
ZOOM/Turnpike Express.....	282-5408

## Ferry Services

Bay Ferries (the CAT) .....	888-249-7245
Beal & Bunker	
Cranberry Isles .....	244-3565
Casco Bay Island Transit District	
Portland.....	774-7871
Chebeague Transportation Company	
Chebeague Island .....	846-3700
East Coast Ferries Ltd.	
Deer Island, N.B. ....	506-747-2159
Isle au Haut Mail Boat	
Stonington.....	367-5193
Isle au Haut Co. ....	367-2355
Maine State Ferry Service.....	800-491-4883
Marine Atlantic (Canada).....	800-341-7981
Monhegan Island Service	
Boothbay Harbor .....	663-2284
Monhegan-Thomaston Boat Line	
Port Clyde .....	372-8848
Offshore Freight & Passenger Co	
Matinicus Island.....	366-3700
Prince of Fundy Cruises LTD	
In State .....	800-482-0955
Out of State.....	00-341-7540

## Intercity Bus, Rail & Van Service

Amtrak/Downeaster.....	800-872-7245
Concord Trailways .....	800-777-5312
Cyr Bus Lines.....	827-2335 / 800-244-2335
Greyhound/Vermont Transit .....	800-451-3292
Mermaid Transportation.....	772-2509 / 800-696-2463
Northern NE Passenger Rail Authority .....	780-1000
ShuttleBus (Biddeford).....	282-5408
SMT/Acadian Lines .....	800-567-5151
West's Transportation .....	546-2823

## Transit Planning Agencies

Androscoggin Valley Council of Govts .....	783-9186
BACTS.....	942-6389
Greater Portland Council of Governments .....	774-9891
Southern Maine Reg. Planning Commission .....	324-2952

## Regional Transportation Providers & Volunteer Driver Programs

Aroostook Regional Transportation	
Presque Isle .....	764-3384 / 800-442-3320
Coastal Trans	
Brunswick .....	443-6207 / 800-444-6207
Rockland .....	596-6605 / 800-289-6605
Community Concepts, Inc.	
Auburn .....	795-6073
Freeport Transit, Inc.	
Freeport .....	865-9400
Kennebec Valley Community Action Program	
Waterville .....	873-2122 / 800-542-8227
Penquis Community Action Program	
Bangor .....	973-3695 / 866-853-5969
Western Maine Transportation Services, Inc.	
Auburn .....	784-9335 / 800-393-9335
Regional Transportation Program	
Portland.....	774-2666 / 800-244-0704
Waldo County Transportation	
Belfast .....	338-4769 / 800-439-7865
Washington Hancock Community Agency	
Ellsworth .....	664-0012
Milbridge .....	546-7547 / 877-374-8396
York County Community Action Corporation	
Sanford .....	324-5762
Within York County .....	800-965-5762

## Ride Share and Vanpool Information

GO Maine .....	800-280-RIDE
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## Transit Systems

BAT (Bangor).....	992-4670
CityBus (Bath) .....	443-8330
citylink (Auburn) .....	777-4563
COAST (Dover, NH) .....	603-862-2328
Coastal Trans	
Brunswick .....	443-6207 / 800-444-6207
Rockland .....	596-6605 / 800-289-6605
Downeast Transportation Inc.....	667-5796
Indian Township Transportation .....	796-2301 / 454-2126 check
Kennebec Valley Community Action Program	
Augusta.....	622-4761
Skowhegan .....	474-8487 / 800-542-8227
Waterville .....	877-5677
METRO (Portland) .....	774-0351
Pleasant Point Transportation.....	853-2600
Portland Explorer.....	774-9891
Sanford Transit .....	324-5762
Shuttle Bus (Biddeford) .....	282-5408
South Portland Bus Service .....	767-5556
Waldo County Transportation .....	338-6809
West's Transportation (Milbridge).....	546-2823 / 800-596-2823
Western Maine Transportation Service, Inc.	
Auburn .....	784-9335 / 800-393-9335

## State Transportation Resources

MDOT/Office of Passenger Transportation.....	624-3250
MaineCare .....	287-8540 / 800-321-5557
Department of Human Services .....	287-5060

