

## Ride 21 - Southern Coast Tour

<b>Distance:</b>	21, 33, and 50 mile loops
<b>Terrain:</b>	Flat

This leisurely 50-mile route has broad appeal. Beachcombers and sun worshippers will be thrilled with the many beaches along the way. Sightseers and photographers will relish the abundance of parks and benches strategically located to maximize views of the coastline, as well as majestic 18<sup>th</sup> and 19<sup>th</sup> Century homes. History buffs can choose between many museums such as the Seashore Trolley Museum, which houses the world's largest collection of trolleys and streetcars, and many other sites in the historic towns along the way. The intermediate 33-mile loop includes Walker's Point and the Seashore Trolley Museum. The shorter 21-mile loop includes the villages of Kennebunkport and Kennebunk.

**Special features:** Historic homes and storefronts in Kennebunkport; Rachel Carson National Wildlife Refuge; former President George Bush's summer home (Walkers Point); white sand beaches; Biddeford Pool; Cape Porpoise; Seashore Trolley Museum.

**Road conditions:** Generally good; broken pavement on Old Pool Road.

**Services:** Bike shop on route (Cape-Able, Kennebunkport, 207-967-4382); off-route (Bretons Bike Shop, Wells, 207-646-4255; Wheels & Waves, Wells, 207-646-5774) all other services available. For accommodation information, contact Kennebunk-Kennebunkport Chamber of Commerce, P.O. Box 740, 173 Port Road, Kennebunk, ME 04043, 207-967-0857; or Wells Chamber of Commerce, P.O. Box 356, Route 1, Wells, ME 04090, 207-646-2451. AMTRAK offers daily train service between Portland and Boston with a stop at the Wells Intermodal Transportation Center. For schedules and fares call 1-800-RIDERAIL or [www.thedowneaster.com](http://www.thedowneaster.com).

**Cautions:** Heavy traffic and no shoulders, particularly on ME 9 in Kennebunkport; narrow and winding secondary roads, also with heavy traffic; heavy traffic by Walkers Point and near beaches.

**Starting point:** Ride originates from the Wells Intermodal Transportation Center, which is located at the intersection of Exit 2 off the Maine Turnpike and Rt. 109.

**Please note:**

The Maine Bicycle Tours are published by the Maine Department of Transportation (MDOT) as an aid to bicyclists. All routes shown on these tours are on regular state and local roads used by automobiles, trucks, buses and other motorized vehicles. The MDOT in no way warrants the safety or suitability of the routes indicated on these tours for shared bicycle/motor vehicle use or for use by young and/or inexperienced riders. Bicyclists assume the risk for their own safety at all times when traveling on the indicated routes.

Although the MDOT has made a reasonable effort to ensure that the information contained in this guide is correct as of the date of publication, the actual conditions riders encounter may vary, and the Department in no way warrants its accuracy. MDOT assumes no liability for personal injuries or property damage suffered by bicyclists.

Mileage readings may vary. We recommend you carry a detailed map of the area with you. All roads on this ride can be found in the Maine Atlas and Gazetteer from DeLorme Mapping Co. ([www.delorme.com](http://www.delorme.com)).

!	0.0	<b>From the Wells Intermodal Transportation Center turn right at traffic light on ME 9/109. Go 1.6 miles to US 1.</b> <b>Caution:</b> Heavy traffic, there is a paved shoulder for 0.6-mile.
!	1.6	<b>Turn left at traffic light on US 1 and go 1.8 miles to ME 9.</b> <b>Caution:</b> Heavy traffic with recently paved shoulders, watch for turning vehicles. <i>All services except bicycle repair are available along this section of US 1.</i>
!	3.4	<b>Bear right on ME 9 and go 3.0 miles to the Sea Road.</b> <i>Shoulders have been recently paved for most of this stretch.</i>
H, I	4.1	Rachel Carson National Wildlife Refuge. <i>Self guided nature trail around perimeter of marine estuary.</i>
S	4.2	<i>Views of the estuary to the right.</i>
	5.5	Parsons Beach on the right.
S	5.7	<i>Cross the Mousam River. River views to the left, views of the beach to the right.</i>
!	6.4	<b>Turn right at traffic light on the Sea Road and go 0.9 mile to Beach Avenue.</b> <b>Caution:</b> Sea Road is narrow with moderate traffic in the Summer.

**LEGEND.** !: Important tour directions. CS: Convenience store. I: Information, tour services.

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!, S	7.3	<b>Sea Road becomes Beach Avenue at this point. Go 2.0 miles to ME 9.</b> <b>Caution:</b> Narrow road, watch for opening car doors along Beach Avenue. <i>This is Kennebunk Beach. There are summer cottages on the left and the beach is on the right. There are many good places to walk and picnic on the beach.</i>
I	9.0	St. Anthony's Franciscan Monastery on the right. <i>Beautiful gardens, river access, gift shop. Open to the public.</i>
!, CS, A, R, ATM <i>Option</i>	9.3	<b>Turn right at traffic light on ME 9 and go 0.2 miles to Ocean Avenue.</b> <b>This is Kennebunkport Village.</b> <i>All services are available except bicycle repair</i> <b>ALTERNATE 1:</b> Shorter 21-mile loop turns around here in Kennebunkport village. See directions for this option below.
!	9.5	<b>Turn right immediately after crossing bridge on Ocean Avenue. Go 3.7 miles to the Wildes District Road.</b> <i>Pass through the famous Dock Square, which features a number of shops and restaurants.</i> <b>Caution:</b> Ocean Avenue is a narrow winding road. Traffic may be heavy in the Summer.
I	9.7	Captain Lord Mansion on the left.
S	10.8	Beach and breakwater on the right.
S	10.7	Parsons Way on right. <i>A small park with benches-very scenic!</i>
I, S	10.9	<i>The brown fieldstone building on the point is an Episcopal church.</i>
I	11.5	Pullout with view of Walkers Point. <i>This is the summer home of former US President George Bush.</i>
!	13.2	<b>Turn sharply right on the Wildes District Road (the Wild Wood Fire Company (fire station) is at this intersection) and go 1.1 miles to ME 9.</b>
!	14.3	<b>Bear right on ME 9 and go 0.3 mile to the Pier Road.</b> Do not take the 90-degree right turn on the Hardy Road just before you reach ME 9.
!, CS	14.6	<b>Bear right on the Pier Road where ME 9 turns sharply left just beyond the Bradbury Brothers Market. Go 0.7-mile to the end.</b>
S	14.7	<i>Views of Cape Porpoise Harbor on the right.</i>
!, S, R	15.3	<b>Cape Porpoise Pier.</b> There is a restaurant located here. <b>Retrace route back to ME 9.</b>
!	16.0	<b>Turn right at Stop sign on ME 9- East and go 2.9 miles to Clock Farm Corner and the Dyke Road.</b>

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S	18.0	<i>Views of salt marshes to the right.</i>
! <i>OPTION</i>	18.9	<b>Turn right on the Dyke Road at a four-way intersection and go 0.7-mile to Kings Highway.</b> <i>ALTERNATE 2:</i> Intermediate 33-mile loop turns left here. See complete instructions for this option below.
!, S	19.6	<b>Bear left on Kings Highway and go 0.7-miles to the New Biddeford Road.</b> <b>Caution:</b> Narrow road with heavy traffic in the summer. Goose Rocks Beach is on the right. <i>Goose Rocks Beach is less crowded than most of the beaches in the area because parking is limited.</i>
!	20.3	<b>Turn left on New Biddeford Road and go 0.9-miles to ME 9.</b>
!	21.2	<b>Turn right at stop sign on ME 9 and go 1.7-miles to Fortunes Rocks Road.</b>
!	22.9	<b>Turn right on Fortunes Rocks Road and go 1.8-miles to ME 208.</b>
S	23.4	<i>Views of Fortunes Rocks Beach.</i>
!	24.7	<b>Stay straight; ME 208 (Bridge Road) merges on the left. Fortunes Rocks Road becomes ME 208. Go 1.1 miles to Orcutt Boulevard and Biddeford Pool.</b>
S, I	24.9	Biddeford Pool on the left. <i>Biddeford Pool is an important waterfowl nesting area.</i>
!, CS	25.8	<b>Bear right on Orcutt Boulevard and go 0.2-mile to First Street.</b>
!	26.0	<b>Turn right on First Street and go 0.2- mile to Fourth Street.</b> There is a brown church at the corner. <i>The large wooden building off to the right is the Marie Joseph Spiritual Center.</i>
!	26.2	<b>Bear right on Fourth Street and go 0.3- mile to Ocean Avenue.</b> <i>For a slightly longer loop (0.2- mile), bear right on Seventh Street just before Fourth Street.</i>
!	26.5	<b>Turn left at stop sign on Ocean Avenue and go 0.2-mile to Orcutt Boulevard.</b> <i>The beach is on the right. The wild roses are spectacular along here in the summer.</i>
!	26.7	<b>Turn left on Orcutt Boulevard and retrace route 1.8 miles to Bridge Road (ME 208).</b>
!	28.5	<b>Turn right on Bridge Road (ME 208) and go 0.5- mile to the Old Pool Road.</b>
!	29.0	<b>Turn right on the Old Pool Road (Old Pool Road turns right just before the intersection with ME 9) and go 1.4 miles to the Hills Beach Road and the University of New England.</b>
!	30.4	<b>Go straight at stop sign on Hills Beach Road for 0.4 mile to ME 9.</b> <i>The lovely University of New England Campus is on the right.</i>

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!, CS	30.8	<b>Turn left at stop sign and go 0.2- mile to Newtown Road.</b> There is a convenience store at this intersection.
!	31.0	<b>Turn right on Newtown Road and go 1.3 miles to West Street.</b>
!	32.3	<b>Turn right at stop sign on West Street and go 1.6 miles to Guinea Road.</b>
C	32.3	Shamrock RV Park on the right.
!, CS	33.9	<b>Turn left at stop sign on the Guinea Road</b> (there is a convenience store at this intersection) <b>and go 3.3 miles to the Goose Rocks Road.</b>
!	36.2	<b>Turn slightly right staying on the Guinea Road.</b> The Whitten Hills Road (marked) continues straight.
!	37.2	<b>Bear right at yield sign on the Goose Rocks Road (unmarked) and go 1.6 miles to the Log Cabin Road.</b>
!, I <i>OPTION</i>	38.8	<b>Turn left at stop sign on the Log Cabin Road.</b> ( <i>The Seashore Trolley Museum is located 0.1- mile to the right at this intersection. The Seashore Trolley Museum houses the largest collection of trolleys and streetcars in the world.</i> ) <b>Follow Log Cabin Road 1.7 miles to North Street.</b>
!, BS	40.5	Town House Corners <b>Stay straight through all intersections. Log Cabin Road becomes the North Road here. Go 1.5 miles to ME 9 and Kennebunkport.</b> <i>Turn sharply left and go 0.1- mile to reach Cape-Able Bike Shop. Cape-Able is a friendly full-service bicycle shop. Information, rentals and a good bicycle map of the Kennebunk area are available at Cape-Able. The shop can be an alternate starting point for tours in the area; contact them at (207) 967-4382 or in Maine (800) 220-0907.</i>
!, CS, R, A, ATM	42.0	<b>Turn right on ME 9 (Western Avenue/ Wells Road) passing through Dock Square and crossing bridge. Go 4.6 miles to US 1.</b> All services are available in Kennebunkport except bicycle repair.
!	43.6	<b>Stay straight at traffic light. Cross Sea Road.</b> Turn right here and follow bicycle route signs to reach the town of Kennebunk.
!	46.6	<b>Turn left at stop sign on US 1 and go 1.9 miles to ME 9/109 and Wells.</b> <b>Caution:</b> Dangerous intersection.
!	48.5	<b>Turn right at traffic light on ME 9-W/109-N and go 1.6 miles to Wells Intermodal Transportation Center.</b>
!	50.1	<b>Turn left at traffic light into the parking lot of the Wells Intermodal Transportation Center. This is the end of the ride.</b>
	Mile	<b>ALTERNATE 1: Shorter 21-mile Option (<i>begins at Mile 9.5</i>)</b>

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	0.0	Reverse direction in Kennebunkport village and return west on Rt. 9 toward the Sea Rd. in Kennebunk.
	1.6	Turn right on the Sea Rd., which has paved shoulders and go 3.5 miles to Rt. 35.
	4.1	Turn left on Rt. 35 (Summer St.) and go 0.7 mi. to Rt. 1 in downtown Kennebunk.
CS, A, R, ATM	4.8	Turn left on Rt. 1 and follow it through downtown Kennebunk and continue south for 3.4 miles to Rt. 9. <i>Rt. 1 has wide shoulders south of Kennebunk village. Kennebunk has all services except a bike shop.</i>
	8.2	<b>Rejoin tour at mile 46.6</b>
	Mile	<b>ALTERNATE 2: Intermediate 33-mile option (begins at Mile 18.9)</b>
	0.0	Turn left at Clock Farm Tower off Rt. 9 onto Goose Rocks Rd.
	1.1	Bear right on Whitten Hills Rd.
	2.5	Turn left on Guinea Rd. and <b>rejoin tour at mile 36.2</b>

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