

Tour #19 Portland-Cape Elizabeth

This scenic 41 mile ride offers a quintessential view of coastal Maine. The ride begins in Portland, Maine's largest and most urban city with a working waterfront and a picturesque shopping district where, in the 18th and 19th century, there were ships chandlers and warehouses for this once busy shipping port. From Portland, cyclists cross over the Fore River and head out toward the coast with opportunities to stop along the way at state and municipal parks with several lovely beaches, Prouts Neck where artist Winslow Homer lived and painted, historic old lighthouses and an interesting lighthouse museum. There is a shorter 30 mile option which eliminates the trip to Prouts Neck.

Special features: Eastern Prom Trail in Portland; Portland's Old Port; Prouts Neck; Higgins Beach; Crescent Beach State Park; Kettle Cove; Two Lights State Park; Scarborough Beach State Park; views of Calendar Islands and Casco Bay; Portland Head Light, the oldest lighthouse in the country; Spring Point Light.



PORTLAND - WEST END

DISTANCE: 30 and 41 Miles
TERRAIN: Flat

Tour #19 Portland-Cape Elizabeth Lighthouse